

# Musical Autobiography

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Music is a powerful and potent force in stirring memory and emotion: a favorite song of yours from a few years back comes on the radio and you can instantly recall if not actually experience the specific feelings and memories associated with it. If that's you, you're not alone: *music is a key component in our lives, molding memory and moods in powerful and profound ways.*

Your task in this assignment is to think critically about this "soundtrack" of your life and record the data on this chart. Tomorrow when we come together, this data and the subsequent discussion will serve as the foundation for our study of music and your personal connection to its history.

Memory Type	Artist/Song Title	Memory Narrative
Earliest Song Memory	3 Dog Night, Joy to the World	<i>I was in the car with my mom and we were driving down Grand Blvd. in Vancouver. We came to the stoplight next to the Fred Meyers and this came on the radio. I had heard this song before, but this was the first time that I'd heard it on the radio in the car and I knew the words and could sing to it.</i>
Grade School		
Middle School		

Memory Type	Artist/Song Title	Memory Narrative
High School		
Sad / Gloomy / Somber		
Happy / Joyful		
Pumped / Stoked		
Funny / Hilarious		